

STAY



Walk, Run, & Rally
A Community Event to Prevent Suicide

Promoting mental health and wellbeing and reducing suicides in our communities.

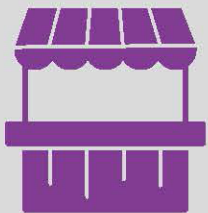
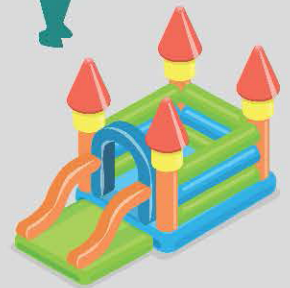
July 20th, 2024 8:30 AM - 1 PM
Aitkin County Fairgrounds

RUN: Participate in a **COLOR RUN FOR LIFE** from Paulbeck's County Market to the Aitkin County Fairgrounds 8:30-9:30 AM (check-in 7:45-8:15). Cheer the runners on as they cross the finish line!

WALK: Get family, friends and neighbors to sponsor you to walk the fairgrounds 9 AM-12 PM.



RALLY: FACE IT FOUNDATION & IF WE CAN REACH ONLY ONE



*** Games * Craft Vendors * Resource Vendors * Food ***

Come for the action.

Stay and learn what you can do to prevent suicide.



CAPS  **Ucare**

Committee for the Awareness & Prevention of Suicide

Region V+
Adult Mental Health
Initiative

Register on Eventbrite.

For walk:



For color run:



Or search Eventbrite.