



Mental Health

Aitkin

Clear View Counseling: 38382 Dove St., Unit 2, phone # 218-330-4303

Greater MN Family Services: (State Wide Locations) See [brochure](#) or check out their website:

<https://www.greatermnnesota.org/>

Lakeside Counseling: 45176 215th Lane, phone # 218-678-2859

New Beginnings Counseling: (Aitkin & Grand Rapids) <https://newbeginningcounseling.com/>

Northern Pines Mental Health Center: (Aitkin, Brainerd, Little Falls, Long Prairie, Pine River, Staples & Wadena) <https://www.npmh.org/>

Northland Counseling Center: (Aitkin & Grand Rapids) <https://northlandcounseling.org/>

Riverwood Healthcare Center Behavioral Health:

<https://riverwoodhealthcare.org/specialties/mental-health/>

Brainerd/Baxter

Birchwood Therapy Services: <http://www.birchwoodtherapyservices.com/>

Center for Personal Counseling & Therapy: Carol Schwarkopf, 5901 Jepson Rd. S., phone # 218-829-0787

CORE Professional Services: (State Wide Locations)

<https://www.coreprofessionalservices.com/index.html>

The Counseling Center (Lutheran Social Services): 318 Laurel St., phone # 218-828-7379

The Insight Network: <http://www.theinsightnetwork.com/index.html>

Lake Country Counseling: (Brainerd & Little Falls) <https://www.lakescountrycounseling.com/>

Lakeland Psychiatry Clinic – Essentia Health: https://www.essentiahealth.org/find-facility/profile/essentia-health-lakeland-psychiatry-clinic-brainerd/?utm_source=local-listing&utm_medium=organic&utm_campaign=website-link

Nystrom & Associates: (State Wide Locations) <https://www.nystromcounseling.com/>

Northern Pines Mental Health Center: (Aitkin, Brainerd, Little Falls, Long Prairie, Pine River, Staples & Wadena) <https://www.npmh.org/>

Northern Psychiatric Associates: <https://www.northernpsychiatric.com/>

Crosby

Cuyuna Regional Medical Center (CRMC): <https://www.cuyunamed.org/patient-care/behavioral-health>

Central Lakes Medical Clinic P.A.: Judy Weis, 318 East Main Street, phone # 218-546-8375

Clearwaters Crosby LLC Counseling and Mediation: Tanya Kubista, 207 1st Street NW, phone # 218-585-2025

Deerwood

Lakeside Center: <https://www.facebook.com/pg/LakesideCenterMN/about/>

Grand Rapids

Lakeview Behavioral Health: <https://lakeviewbh.com/>

New Beginnings Counseling: (Aitkin & Grand Rapids) <https://newbeginningcounseling.com/>

Northland Counseling Center: (Aitkin & Grand Rapids) <https://northlandcounseling.org/>

North Homes Inc: <https://www.northhomes.org/>

McGregor

Dori Atkins-Carlson: (Aitkin, McGregor, Tamarack) phone # 218-820-2228

Riverwood Healthcare Center: <https://riverwoodhealthcare.org/clinic-care/mcgregor-clinic/>

Chemical Health

Aitkin

Mille Lacs Band: (for Mille Lacs Band Members only) Substance use assessments and treatment, Onamia, phone # 320-532-8911

Northern Pines: Substance use assessments and treatment, <https://www.npmh.org/chemical-health-services>, phone # 320-639-2025 (call center for all Chemical Use Assessments/Rule 25's)

Northland Counseling Center: Substance use assessments and treatment, <https://northlandcounseling.org/chemical-dependency/>

Brainerd/Baxter

MN Adult & Teen Challenge: Substance use assessments and treatment, <https://www.mntc.org/brainerd/>

Focus Unit- St. Joseph's Medical Center inpatient substance abuse services: Substance use assessments and treatment, <https://www.essentiahealth.org/find-facility/profile/substance-abuse-inpatient-essentia-health-st-josephs-medical-center-brainerd/>

Essentia Clinic Baxter outpatient substance abuse services: Substance use treatment, <https://www.essentiahealth.org/find-facility/profile/substance-abuse-outpatient-essentia-health-st-josephs-baxter-clinic/>

Northern Pines: Substance use assessments and treatment, <https://www.npmh.org/chemical-health-services>, phone # 320-639-2025 (call center for all Chemical Use Assessments/Rule 25's)

Nystrom and Associates: Substance use assessments and treatment, <https://www.nystromcounseling.com/>, phone # 218-829-9307

Birchwood Therapy: Substance use assessments and treatment, <http://www.birchwoodtherapyservices.com/>

Independent Counseling: Substance use assessments and treatment, Ron Brusven, 10298 County Road 23, phone # 218-828-7736

Kevin Maurer: Substance use assessments, phone # 218-839-9818

Valhalla Place: Substance use assessments and treatment, <https://valhallaplace.com/>

Nisswa:

Acquire Mental Health Clinic: Substance use assessments and treatment, 25282 Hazelwood Drive, Suite 101, Nisswa, phone # 218-820-7671

Grand Rapids:

Hope House of Itasca County: Substance use assessments and treatment, <https://www.hopehousetreatment.org/contact/>

North Homes: Substance use assessments and treatment, <https://www.northhomes.org/>

Northland Recovery Center: Substance use assessments and treatment, <http://www.northlandrecovery.com/>

Lakeview Behavioral Health: Substance use assessments and treatment, <https://lakeviewbh.com/>

Anderson Jore Counseling: Substance use assessments and treatment, <https://anderson-jore-counseling.business.site/>

Surrounding Areas:

Sobriety First: (St. Cloud, Milaca, Sauk Center) Substance use assessments and treatment, <https://sobrietyfirstllc.com/>

Freedom Center: (Milaca, Cambridge, Onamia) Substance use assessments and treatment, <http://freedomcenterinc.org/>

Regional Detox/Chemical Health Services Providers:

Central MN Mental Health Detox Center: (St. Cloud) <https://cmmhc.org/services/detox/>

Clay County Detox Center: (Moorhead) <https://claycountymn.gov/538/Detox-Center>

Woodland Centers: (Willmar) <http://www.woodlandcenters.com/detoxification.html>

Project Turnabout: (Granite Falls) phone # 800-862-1453

Pine Manors: (Nevis) phone # 218-732-4337

Virtual NA Meetings: <https://www.na.org/meetingsearch/text-results.php?country=Web&state&city&zip&street&within=5&day=0&lang&orderby=distance>

Virtual AA Meetings: <https://www.aaonlinemeeting.net/>

Virtual Medication – Assisted Recovery Anonymous: <https://www.mara-international.org/find-a-meeting>

Crisis Services

Crisis Line and Referral Service (Aitkin Co): phone # 1-800-462-5525, <https://crisislineandreferralservice.org/>

MN Crisis Textline: Text 'MN' to 741741, <https://www.crisistextline.org/>

National Suicide Prevention Line: phone # 800-273-8255, <https://suicidepreventionlifeline.org/>

New Leaf Healing Center (Crisis Facility – Cohasset, MN): <https://www.newleafhealingcenter.com/?en-GB=>

Warm Lines

MN Peer Support Connection Warmline: call or text phone # 844-739-6369 (5pm-9am)

COVID-19 Hotlines

Riverwood Coronavirus Helpline: phone # 844-428-1323 (Mon-Fri 7am-5pm), <https://riverwoodhealthcare.org/covid-19/>

Minnesota Helpline: 651-297-1304 or 800-657-3504 (Mon-Fri 8am-4:30pm), <https://www.health.state.mn.us/diseases/coronavirus/>